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QUTAB WHEEL

**THE YEAR OF THE FIRST LADY PRESIDENT OF
ROTARY INTERNATIONAL**

MONTHLY E-BULLETIN

ROTARY DELHI QUTAB

CHARTER DATE: 19 APRIL 1976

EDITOR: PP RTN ANIL MALHOTRA, PHF, MD

R.I PRESIDENT: RTN JENNIFER E JONES

DG: RTN ASHOK KANTOOR

PRESIDENT: RTN GS SALUJA

RI DISTRICT 3011

ISSUE NO. 4/22-23

01-OCT-2022

RI PRESIDENT MESSAGE

Every month since I joined Rotary, I've looked forward to reading this magazine, especially the opening essay from our Rotary president. I'll admit that as much as

I appreciate a digital copy; I still revel in the tactile sensation of sitting down and leafing through the glossy pages. They are a treasure trove of photos and memorable stories about our great organization — the one we all know and love. I have learned so much over the years about service projects and lives that each of you have transformed. As a communications professional, I have longed for the day that our stories were a regular part of mainstream media and that our flagship magazine might populate doctor's offices, coffee shops, or anywhere else people sit, wait, and browse. It's great that Rotary members are better informed about all we do, and wouldn't it be that much better if more people knew our stories.



All this was top of mind as I thought about our plans for promoting Rotary worldwide in the upcoming year. Over the next 12 months, we are going to shine a light on projects that put Rotary service on display to the world, and we are going to do it strategically. Nick and I will focus on some of the highest impact, sustainable, and scalable Rotary projects from our areas of focus in what we call the Imagine Impact Tour. We are inviting top-tier journalists, thought leaders, and influencers to use their channels to help us raise awareness by reaching people who want to serve but have not yet realized they can do it through Rotary. But there was another important issue to consider — our carbon footprint. I take seriously Rotary's emerging leadership position on environmental issues.

The example set by our members during the pandemic is fundamental to how we carve out our future. That means we will harness digital technology to tell these stories — we will be tweeting, posting, and "going live" to anyone who will listen. We must consider our environment, and part of that means not always traveling but continuing to connect in meaningful ways as we have for the past two years.

Of course, we are social people, and we still need to be together. We simply need to be more mindful of our decisions and think about how we get together just a little bit differently. For example, if we travel to visit a project, we will plan successive visits in neighboring areas. So, what are your stories and who can help tell them? I hope you might consider your own Imagine Impact efforts — your story might be something you can promote just as easily on social media or during a Zoom call.

Think about ways to showcase notable projects in your clubs and districts. We all feel the impact that Rotary service and values have on us. Now it's our opportunity to share that feeling with others.

ROTARY DELHI QUTAB

SATURDAY
10-09-
2022

Outstation Club Assembly at Red Fox Bhiwadi

11:00 AM.

On 11-Sep-2022 we all returned after 3 days of hectic and useful Outstation Club Assembly at Red Fox Bhiwadi, Rajasthan. The most important activity during this Outstation Outing was the Club Assembly on 10 Sep at 1100 AM.

The Secretary welcomed all the members and their spouses for the outstation Club Assembly on behalf of the President and her own behalf. She informed all present about the importance of this event and anticipated outcomes of the assembly. She also thanked the members for their active Cooperation for making it for the assembly.

The President called the Meeting to order. Collaring Ceremony of the President and Secretary was performed as per Rotary Protocols. National Anthem was rendered by all present.

The President thanked everyone for their presence for the assembly and specially applauded Rtn Anil Malhotra for making all the required plans and arrangements for the assembly. He mentioned that it is a herculean task to cater for requirements of each and every Member, yet Anil has done a commendable job after surmounting all impediments.

He explained the nitty gritty of PHF and why it's important for every member to be a PHF. He requested those members who are fence sitters to immediately contribute \$100 to become PHF with the help of club major donors.

The President then apprised the members about the important projects undertaken and successfully completed by us.

Our Skill Development Centre at Madangir is our Major ongoing permanent Project. It is funded by us and every requirement is met by Our members through our efforts.

Recently the Centre has been spruced up and Major repairs carried out by spending almost Rs 400000/- from Club funds

We are spending almost 2.5 lakhs annually on pay and perks etc. of the Staff of the Centre.

Our aim should be to gradually make our skill Development Centre a Self-Sustainable entity. The CSR route is not likely to bear fruits soon. Perforce Our budgeted funds are expended for our Centre leaving very meagre amount for other sociably relevant projects.



He mentioned that He is working on two important projects namely Anti-Drug awareness initiative in IIT Delhi and Distribution of Wheelchairs, calipers, and Walkers in AIIMS to the needy persons of Society. A small Child who is in immediate need of assisted equipment to help Him walk again. We are looking for sponsors of this equipment.

The President informed about the next outstation assembly at Goa in Jan 23. Important festivals like Diwali, Holi, Charter Day etc. will also be celebrated in proper fashion. Donation of warm comforters to the Defense Forces personal also was discussed. Rtn Gen Ashok Vasudeva was requested to find out the viability from HQ Army of this project.

The Club Trainer PP Rtn Anil Malhotra explained the technical terms of Rotary used on everyday basis. The sequence/ procedure for obtaining ID number of new members was explained. Various mandatory contributions like RI Dues, District Dues and Rotary magazine etc. were explained.

The essence of Rotary functioning through Fellowship was explained at length. Importance and usefulness of Fellowship cannot be ignored as fellowship provides positive platform to gain strength and Knowledge through One another. It is a mechanism through which Members Business is enhanced. Rtn Gen S N Handa sought the assent of the Members in procuring special books for Library being used by visually impaired students. The President agreed that this is a very viable project and requested the member to go ahead for implementation of this project.

Gen Handa also suggested/ felt that Speakers Meet should be combined with Fellowship Dinner to curtail expenses.

Members also felt that we should cut out lavish spreads during fellowship Dinners. Specific software is needed, and a Competent teacher is required to impart computer trg to the students of Skill Development Centre Efforts are underway to ensure that the accounts are always correct and funds in hand with the treasurer tally and are mathematically correct.

The Secretary announced the participation of PE Rtn Sunil Sethi and Rtn Shalini Sethi in PEM 1. It was also informed that the PE has performed exceedingly well during the Meeting.

Forthcoming Birthdays, Marriage Anniversaries of the Members were announced, and members wished accordingly.

Important events of RDQ likely to be conducted in the month of September and October were made known to the members.

The Members wholeheartedly thanked the President for His very fine gesture of providing Rotary Logo Club T Shirts for all the Members.

The President thanked Rtn Sunil Sethi for His timely help in arranging/ making the correct Size T Shirts for the members of RDQ.

Sunil went out of the way to obtain the T Shirts on Time.

The President once again thanked everyone and the organizers for this wonderful Outstation Club Assembly. There being no other point, the meeting was declared closed.

Members indulged in spirited beneficial exchanges and comradery. Tea and snacks were shared by all.



ROTARY DELHI QUTAB



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ROTARY DELHI QUTAB

WEDNESDAY
28-09-2022

Speakers Meet for the Month of September

07:00 PM.

It was held on digital platform on 28-Sep-2022. The Meeting commenced at the given time of 7 PM. The Secretary checked the connectivity of all the Members for smooth conduct of the meeting.

She welcomed the members for the meeting, a Very relevant and educative discourse on National Security Challenges by Rtn Gen SN Handa.

The President called the Meeting to order and requested the Members for Rendition of National Anthem.

Four-way Test of Rotary was read over by Rtn Alpna Hooda. The Speaker was formally introduced by PP Rtn Mahabir Hooda.

Gen S N Handa Sir thanked the President and members for giving Him an opportunity to discuss this very relevant subject with members.

He started with the Challenges that the country is facing on External and Internal fronts. As per the Gen, the fronts can be categorized into Two and a half front. The Chinese, the Pakistan and internal challenge. The Borders with China and Pakistan are active Borders where physical skirmishes are routine affairs. Both are nuclear powers and engaged in violent activities on the borders.

We have other tricky Neighbors who do not inspire confidence for safe relations. Illegal influx from Bangladesh continues unabated. Sri Lanka is economically bankrupt and almost failed state. Other oceanic countries too are not very stable.

Internal dissensions within the political arena are matter of concern for Security Challenges for the country. On foreign policy and international affairs, we are on sound footing. The govt has a stable foreign policy. The minister and bureaucrats are refined handlers. We are regaining the lost ground on this score.

Financial situation is stable and macro-economic situation is creditable. Questions from the members were answered to the entire satisfaction of the posers. Vote of thanks was given by Rtn Col Pawan Mehra. The speaker was duly lauded for tackling the subject in a lucid and comprehensive manner.

The Secretary announced the forthcoming Birthdays, Anniversaries, and forthcoming events of the Club.

The Meeting was duly declared closed thereafter. Casual gupshup and discussions amongst members continued. Photos of the Meet are enclosed.



ROTARY DELHI QUTAB



FROM EDITOR'S DESK

QUOTATION OF THE MONTH

- ❖ O.The sincerity of husband is known during the sickness of his wife.
- ❖ The sincerity of a wife is known during financial difficulties of her husband.
- ❖ The true love of a child is known during the old age of their parents.
- ❖ The True nature of Sibling is known during the sharing of inheritance.
- ❖ The sincerity of friends is known during hard times.
- ❖ The caring relatives are known when one is lonely, sick, or far from their home.
- ❖ True love is known when there is no means of benefit.
- ❖ A true believer is known during hardships.



ADVICE FROM THE EDITOR

Poster Found in Temple in India (Translated)

“When you enter this Temple, it may be possible that you hear “the calls of God
“.

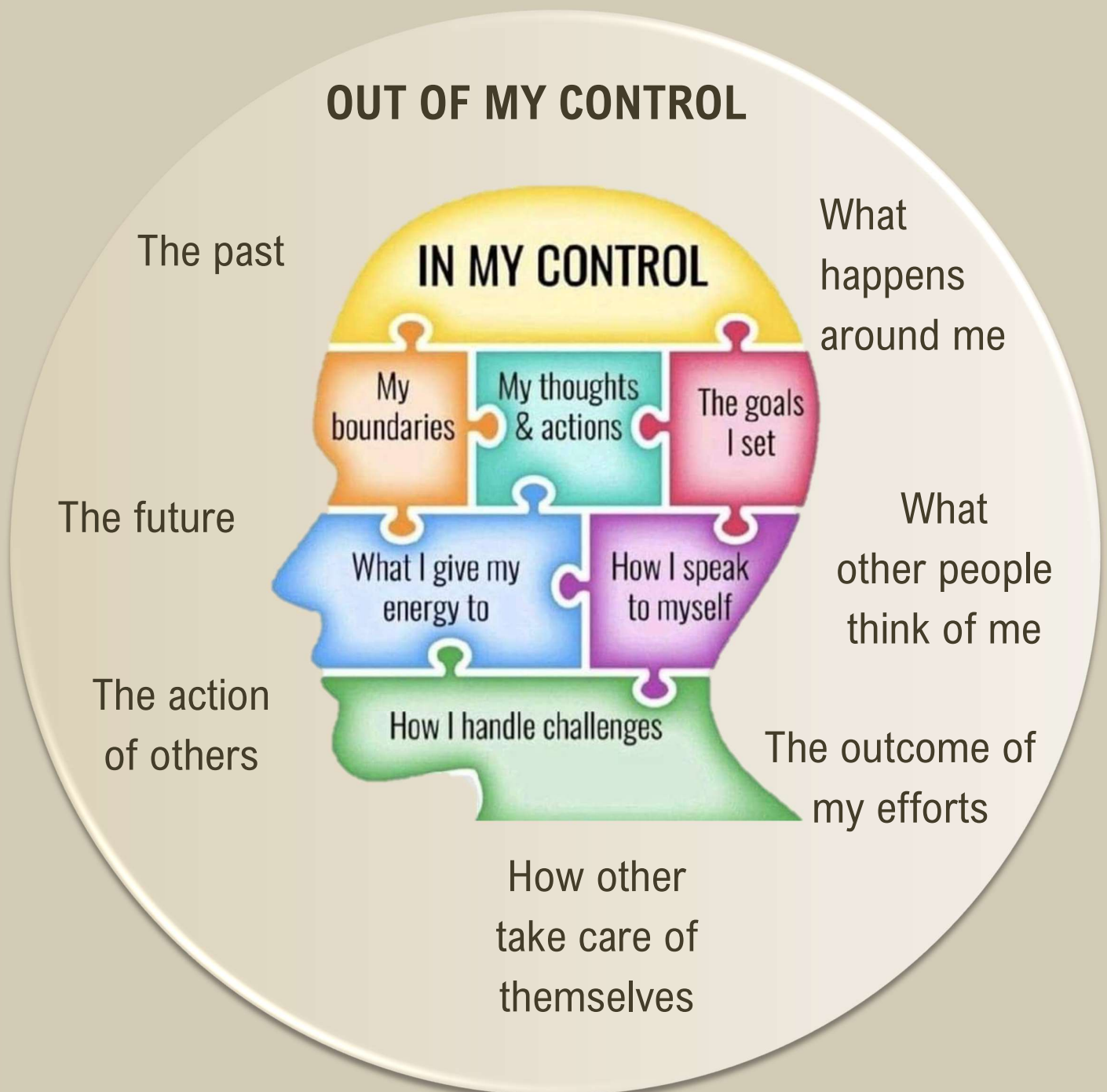
However, it is unlikely that he will call you on your mobile.

Thank you for turning off your phones. if you want to talk to God, enter, choose
a quiet place and talk to him,

if you want to see him, send him a text while driving “



WHAT I CAN CONTROL AND I CAN'T



DID YOU KNOW?



UNIQUE VILLAGES IN INDIA:



SHANI SHIGNAPUR, Maharashtra.

All Houses in the entire village
are without Doors.

Even **No Police Station.**

No Thefts.



SHETPHAL, Maharashtra.

Villagers have SNAKES in every
family as their family members.



HIWARE BAZAR, Maharashtra.

Richest Village in India.

60 Millionaires.

No one is poor

Highest GDP.



PUNSARI, Gujrat.

Most modern Village.

All Houses with CCTV & WI-FI.

**All streetlights are Solar
Powered.**



JAMBUR, Gujarat.

All villagers are Indians Still all
look like Africans.

Nicknamed as African Village.



KULDHARA, Rajasthan.

Haunted village.

No one lives there.

A village without villagers

All Houses are abandoned.



KODINHI, Kerela.

Village of TWINS.

More than 400 Twins.



MATTUR, Karnataka.

Village with **100% SANSKRIT
speaking villagers** in their
normal day to day conversation.

FROM EDITORS DESK



FORGIVE AND FORGET



POPE FRANCIS RETIREMENT SPEECH THAT SHOCKS THE WORLD

Please look at the speech that was read yesterday at retirement by the Pope.
Regardless of religion, see how Pope Francis has beautifully written about the family.

FAMILY, PLACE OF FORGIVENESS ...

© There is no perfect family.

© We do not have perfect parents,
- you are not perfect yourself.

We do not marry a perfect person, or we do not have perfect children.

© We have complaints from each other. We cannot live together without offending one another.

© We are constantly disappointed. Yes, for so many reasons at different times we are disappointed by one another.

© There is no healthy marriage or healthy family without the exercise of forgiveness. Forgiveness is the medicine of family joy and happiness.

© Forgiveness is vital to our emotional health and spiritual survival. No matter the offence or who is the offender. Without forgiveness, the family becomes an arena of conflict and a fortress of evil.

© Without forgiveness, the family becomes sick and unhealthy.

© Forgiveness is the asepsis of the soul, the purification of the spirit and the liberation of the heart. No sin is too big to be forgiven.

He who does not forgive does not have peace in his soul and cannot have communion with God.

© Unforgiving is Evil and a poison that intoxicates and kills the one who refuses to forgive.

© Keeping heartache of unforgiving in your heart is a self-destructive gesture. It's autophagy.

© Those who do not forgive are physically, emotionally, and spiritually ill. And they will suffer in two ways.

For this reason, the family must be a place of life and not a place of death; a place of forgiveness, a place of paradise and not a place of hell; A healing territory and not a disease; an internship of forgiveness and not guilt.

Forgiveness brings joy where sorrow has brought sadness; of
Healing where sorrow has caused disease.

A family is a place of support and not of gossip and slander of one another. It must be a place of welcome not a place of rejection. Shame to those who plant evil about others. We are family and not enemies.

When anyone is going through a challenge all they need is support.

✂ **By Pope Francisco**

FROM EDITORS DESK



JUST LEAVE IT



JUST LEAVE IT...

It is a wonderful sentence. If we know the value of it, we won't be suffering as much as we do in our life.

Principle of JUST LEAVE IT (Worth Practicing)

- Try convincing a person once or twice. If he or she refuses to get convinced
Just Leave it
- When the children grow up and take their own decisions, do not impose
Just Leave it
- Your frequency doesn't match with everyone in life. If you can't connect with someone
Just Leave it
- After a certain age if someone criticizes you don't get upset
Just Leave it
- When you realize that nothing is in your hands, stop worrying about others and the future
Just Leave it
- When the gap between your wish list and your capabilities increases, stop self-expectations
Just Leave it
- Everyone's path of life, size of life, quality of life is different, so stop comparing
Just Leave it
- When life has given you such a wonderful treasure of experience, stop counting your daily earnings, but
Just Leave it

- If this does NOT Appeal or Apply to You....

Just Leave it 🙏

FROM EDITORS DESK



THE UNCONDITIONAL BELIEF

U will love to read this....

Every day early morning a little girl would come to the temple and stand before the idol, close her eyes and with folded hands, murmur something for a couple of minutes.

Then open her eyes, bow down, smile, and go out running. This was a daily affair. The temple Poojari was observing her and was curious about what she was doing. He thought, she is too small to know the deeper meanings of religion, she would hardly know any prayers. But then what was she doing every morning in the temple?

Fifteen days passed and Poojari now couldn't resist but to find out more about her behavior.

One morning, the Poojari reached there before the girl and was waiting for her to complete her ritual.

He placed his hand on her head and said, "My child, I have seen since the last fifteen days that you come here regularly. What do you do?"

"I pray," she said spontaneously.

"Do you know any prayers?" asked the Poojari with some suspicion in his voice.

"...No" Replied the girl.

"Then what are you doing closing your eyes, every day?" he smiled.

Very innocently the girl said: "I do not know any prayer, but I know 'a, b, c, d....up to z.' 'I recite it five times' and tell God that, 'I don't know your prayer, but it cannot be outside of these alphabets.' Please arrange the alphabets as you wish and that is my prayer."

And she ran, jumping on her way out.

The Poojari stood there dumbstruck, staring at her for a long time as she disappeared running in the wilderness.

This is THE UNCONDITIONAL belief in God that we pray.



A VIEW FROM SAKET **AS SEEN BY VEENA AND ANIL.**

THE CHRONOLOGY OF AGING

My chronology, unlike Mr. Amit Shah's, is fairly straight forward and transparent: I was Born in 1947, joined the Indian Army in 1968 (someone had to), plighted my troth (and blighted Veena's life, according to her mother) in January 1972, retired in December 2004, and am therefore a senior citizen, aka the Walking Dead. I am sure, going by the sometimes-garbled comments I get on my blogsite, I am in good company. But (and this is the difference between me and Mr. Shah) I have no wish to overthrow elected govts and am happy with my lot, and so should my fellow Johnnie Walkers be.

Look at it this way, and be grateful, all you ghosts-who-walk the Phantom trail: you were just one of millions of spermatozoa- and you made it!

We are among the fortunate 8 in 100 persons who live to see 60 years. And so, even though Mrs. Sitharaman (she- who- doesn't- eat- onions) has withdrawn our gas cylinder subsidy and our railway concession, there is still much to be happy about. Our birth certificates may be approaching their expiry dates, and we may be alive still only because we have missed our, uh, deadline, but look at the positive side- we will shortly be spared the hassle of renewing the certificates. I had to renew my driving license last year and it was an ordeal. Even the RTO was skeptical about it- he renewed it for only five years after taking one look at me. And so, I welcome the joint pains when I get up every morning and the dressing down, I get from Veena when I don't match my tie with her saree, for they prove that I am still alive and kicking. Well ok, not kicking perhaps, more like hopping, but you get the drift, I hope.

That being said, old age has come a bit sooner than I expected. It may be due to some of Mr. Modi's policies, but to be fair to him (a difficult task, I must admit) I feel that I may have missed a trick or two myself. Douglas Coupland was spot on when he said that when you are young you always feel that life hasn't yet begun- that it will begin next week or next month or next year. But then suddenly one day you have become old, and the scheduled start never happened! When one is 30 or 40 one thinks one is immortal, and takes things for granted: that one's parents will live forever, that there will be time enough to indulge oneself once the career and success are secured, that one can reconnect with old friends and lost relatives someday in the future, that there is still plenty of time to express regrets or endearments to those one has wronged or ignored. Wrong- the doomsday clock moves much faster than we imagine. It is only when you reach my stage in life that you realize that time has to be seized by the forelock and not the tail.

There are some other downsides too. When in service I attended dozens of meetings every month, and so had to maintain a wardrobe full of suits and ties.

These days the only meetings I go to are condolence meetings where the prescribed dress code is kurta-pajama and a hang-dog look (the Aam Aadmi caps are optional). The suits are no longer needed and occupy precious wardrobe space in my small flat, the carpet area of which would give an XL bikini a run for its money. It's the same with my books: I have about 500 of them, lovingly collected over 60 years. The problem is, I can't now remember which of them I have read! So, I'm reading all of them again: I've started with SNOWWHITE AND THE SEVEN DWARFS and intend to work my way up to the latest bestseller, BAL NARENDRA. You can find it on Amazon under the category Fairy Tales/ Mythology. If you don't want to buy the hard copy you can read it on Swindle.

Mark Twain, of course, had a different take on the chronology of aging. It was his view that "Life would be infinitely happier if we could only be born at the age of 80 and gradually approach 18." The more I think of this the more sense this reverse chronology makes. Instead of dreading the approach of old age we could quickly get over the Alzheimer's, enlarged prostate and blocked arteries in the first fifteen years or so of our lives, and then get down to really enjoying life, secure in the knowledge that our worst days are behind us. There would be fewer divorces too: marriages would begin by ignoring and shouting at each other, and then gradually we would fall in love again, progressing in time to the passion of our teenage years and the original sin of the proposal. This would disprove another of Mark Twain's less cheerful remarks: "Both marriage and death ought to be welcome; one promises happiness, doubtless the other assures it."

There is a practical side to Twain's insight too. How often have you felt that a reversed chronology of life would make more sense? For, as things stand today, the first half of our lives are spent in relative deprivation- tiny flats, low salaries, no household help, no surplus for vacations or for giving gifts to the wife. This is precisely the time when your kids are growing up, the Missis wants to make a splash on the social circuit, and you need the space, money, and spare time to cater to these requirements. But you don't have the wherewithal for all this- you are too young, not senior enough. By the end of your career, on the other hand, when you are General, a CEO or Secretary to Govt. you live in a five bedroom house, receive an obscene salary you don't know what to do with, have a half dozen serfs waiting on you hand and foot, can finally take the kids surfing in the Maldives, and can now afford that Sabyasachi outfit she always wanted. But it's now too late, time has passed you by. The children are gone to live their own lives, the wife can't fit into that gorgeous lehnga, you can't eat anything that doesn't taste like sawdust because of the cholesterol. Reverse the chronology, as Mark Twain recommends, and life becomes much better- you get what you need when you need it, not when you no longer need it, or when you cannot enjoy it.

There you have it then- two models of life to contemplate: coffin to cradle, or the other way around. Very similar to the two models of development in our country- the Gujarat model and the Delhi model. It doesn't matter which of these models you choose or like, for at the end of all of them you're dead and buried anyway. But it's a point to consider.

So, this is what I've learnt after 75 years: You can't help getting older, but you don't have to get old. As the lyrics in that Clint Eastwood song go: Don't let the Old Man in. And there are two-time tested ways of keeping that old geezer out of your house and life: retain a sense of humor and a liking for Bacchus. I have the first on the authority of George Bernard Shaw who said: " You don't stop laughing when you grow old, you grow old when you stop laughing." When I meet a person of my age the first thing, I look for are wrinkles and crow's feet on his or her face, for these are evidence of smiles and laughter- if you have them, you are not old. A dedicated fondness for liquor is the other secret, as every centenarian will tell you. Of course, they will also tell you that sex is part of the mix too, but we'll leave that bit for another blog sometime and for now dwell on the spirits. I have this on good authority too, from Swami Unknown Ananda of WhatsApp University: Exercising, cutting down on alcohol, avoiding non-vegetarian food will certainly add some years to your life. But remember, it will be your old age and dotage that will get extended.... not your youth. So, think before quitting. A peg a day keeps that old man away, and nothing says it better than a country- western song sent to me by a friend recently on WhatsApp. It goes like this:

**" Sip your whisky, nice and slow
Just relax, enjoy that glow.
No one knows when it's time to go,
Sip your whisky nice and slow.
Some friends go, and some stay,
Children grow and fly away,
All you'll have in your life
Is your whisky and your wife.
Life is short but feels so long,
There's so much going wrong,
No matter what, you got to go on,
Age like whisky and be strong.
Sip your whisky nice and slow,
Just relax, enjoy that glow..."**

One can almost hear the music, the banjo strumming like ice tinkling in the glass. You can't? Pour yourself another peg, friend, sit back and relax, and enjoy that glow as the light fades....

FROM EDITOR'S ADVICE



A BIG CHALLENGE IN TODAYS LIFE

Today the biggest problem in life is **DHOL**

You might be wondering why?

This is how

D- Diabetes

H- Hypertensions

O-Obesity

L-Lipids Imbalance

So, what should we do when there is Dhol Playing?

Well....

The answer is simple- we should start doing

BHANGRA

B- Behavior Change

H-Happiness

A- Active Lifestyle

N- Nutrition

G-Glucose Control

R-Risk Reduction

A-Abstinence from substance abuse

EDITORS ADVICE



THE UNCONDITIONAL BELIEF

A Little Poem For seniors, so true it hurt!

Another year has passed
And we're all a little older.

Last summer felt hotter
And winter seems much colder.

There was a time not long ago
When Life was quite a Blast.

Now I Fully understand
About 'Living in the Past,
We used to go to weddings,
Football Games and Lunches.

Now we go to Funeral Homes
And after - Funeral Brunches

We used to go to out Dining,
And couldn't get our Fill.

Now we ask for Doggie Bags,
Come Home and Take a Pill,

We Used to often Travel
to Places near and far.

Now we get our sour Asses,
From Riding in the Car

We used to go nightclubs
And drink a little Booze.

Now we stay home at night
And watch the evening news.

That, my friend is how life is,
And how my tale is told.

So, enjoy each day and live it up...
Before you're too damned old!



FROM EDITOR'S DESK

HEALTH TIP

After the age of 50
one may experience
many types of illnesses. 🙄

But the one I am most worried about is Alzheimer's.
Not only would I not be able to look after myself,
but it would cause
a lot of inconvenience to family members....

One day, my son
came home and told me
that a doctor friend
has taught him an exercise using the tongue.

The tongue exercise is effective to reduce the onset of Alzheimer's and is also
useful to reduce / improve

1. Body weight
2. Hypertension
3. Blood-Clot in Brain
4. Asthma
5. Far-sightedness
6. Ear buzzing
7. Throat infection
8. Shoulder / Neck infection
9. Insomnia

The moves are very simple and easy to learn....

Each morning, when you wash your face, in front of a mirror, do the exercise as below:

stretch out your tongue and move it to the right then to the left for 10 times

Since I started exercising my tongue daily, there was improvement in my Brain Retention.

My mind was clear and fresh and there were other improvements too...

1. FAR SIGHTEDNESS LESSER
2. NO GIDDINESS
3. IMPROVED WELLNESS
4. BETTER DIGESTION
5. LESSER FLU / COLD

I am stronger and more agile.

Notes

The tongue exercise helps to control and prevent Alzheimer's...

Medical research has found that the tongue has connection with the BIG Brain. When our body becomes old and weak, the first sign to appear is that our tongue becomes stiff and often we tend to bite ourselves.

Frequently exercising your tongue
will stimulate the brain,

help to reduce our thoughts from shrinking and thus achieve a healthier body.

WISHING YOU SPECIAL HAPPY BIRTHDAY

DATE: 02 October

TO: RTN RUHILA NANGIA



WISHING YOU SPECIAL HAPPY BIRTHDAY

DATE: 10 October

TO: RTN ANIL MALHOTRA



WISHING YOU SPECIAL HAPPY BIRTHDAY



DATE: 11 October

TO: RTN RAVI KAPUR



WISHING YOU SPECIAL HAPPY BIRTHDAY



DATE: 15 October

TO: RANNE UMA HANDA



WISHING YOU SPECIAL HAPPY BIRTHDAY



DATE: 18 October

TO: RTN MEERA ASTHANA



WISHING YOU SPECIAL HAPPY BIRTHDAY



DATE: 20 October

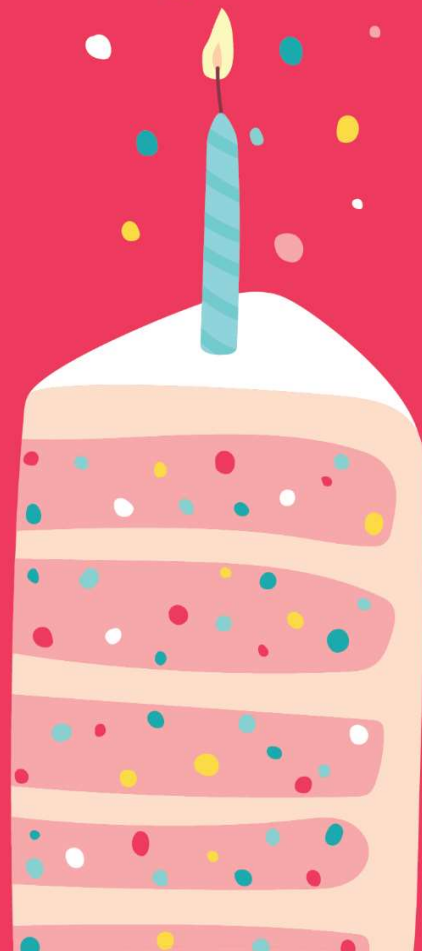
TO: RAJINDER CHANDHOK



WISHING YOU SPECIAL
HAPPY BIRTHDAY

DATE: 23 OCTOBER

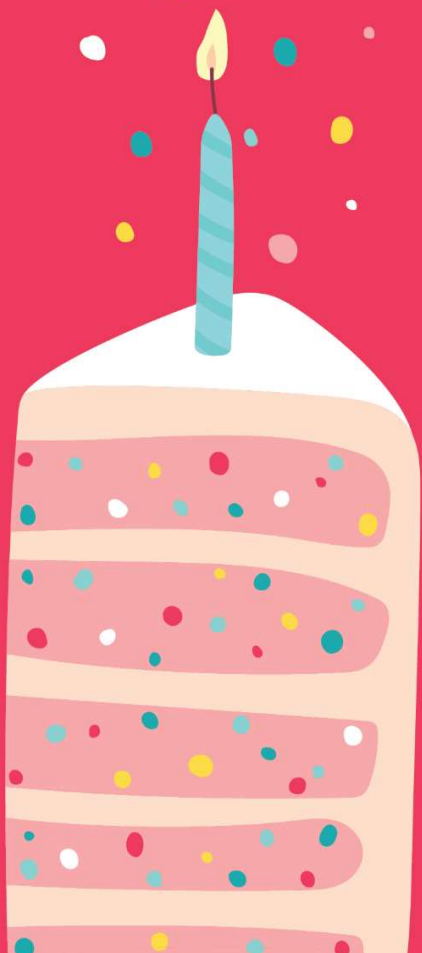
TO: RTN SHASHI CHOPRA



WISHING YOU SPECIAL
HAPPY BIRTHDAY

DATE: 23 October

TO: Ranne Suniti Banga



WISHING YOU SPECIAL HAPPY BIRTHDAY



DATE: 30 October

TO: RTN ANNIL MINOCHA



A BIRTHDAY IS JUST THE FIRST
DAY OF ANOTHER 365 DAYS
JOURNEY AROUND THE SUN.
ENJOY THE TRIP

HAPPY WEDDING
ANNIVERSARY
09 OCTOBER
RTN RAVI &
SEEMA KAPUR

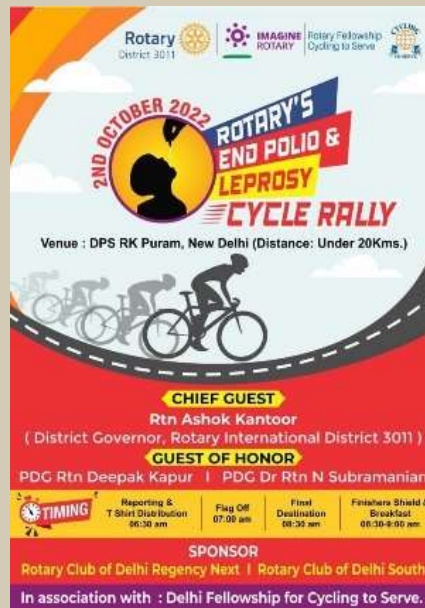


Program for the month of October

➤ **02 OCTOBER-2022:** District 3011 CYCLE RALLY TO PROMOTE ERADICATION OF POLIO AND LEPROSY.

6.30 AM

Venue: - DPS RK PURAM



➤ **06 OCTOBER-2022:** BOARD MEETING



➤ **09-OCTOBER -2022-** DIWALI CELEBRATIONS AT OUR SKILL DEVELOPMENT CENTER, MADANGR AT 11:00



➤ **15- OCTOBER-2022-** FELLOWSHIP DINNER AT PANCHSHEEL CLUB



➤ **19-OCTOBER-2022-**BLOOD DONATION CAMP



➤ **26-OCTOBER-2022 -**SPEAKERS MEET

OUR NEW MEMBER



TO ALL OUR MEMBERS WHO JOINED THIS ROTARY YEAR NEEDLESS TO SAY, YOUR JOINING US HAS MADE A DIFFERENCE, AS YOU ALL ARE PEOPLE OF ACTION, YOU HAVE BROUGHT NEW IDEAS AND ENERGY AND HAVE ADDED TO THE CLUB'S DIVERSITY AND LIVE UP TO THE HIGH IDEALS OF ROTARY



RTN SANJEEV BANGA



RTN SUNITI BANGA

RTN GURPREET SINGH



RTN LT GEN HARINDER SINGH

